**4th WAY WINTER FESTIVAL**

**10th January to 20th February 2017**

**GOA, INDIA**

**VENUE ... D'mello's Sea View Home, Yoga Hall, Candolim Beach**

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| Jan 10 - 19 | Group with Avrom, Deborah, Melanie |
| Jan 20 | Rest |
| Jan 21 - 29 | Open Group 1 |
| Jan 30th, 31st | Rest |

**VENUE ... Aashyana Lakhanpal, Yoga Pavilion, Candolim Beach**

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| --- | --- |
| Feb 1st to 9th | Open Group 2 |
| Feb 10th | Rest |
| Feb 11th to 19th | Open Group 3 |
| Feb 20th | If the group is willing…. Sharing of our work with an audience. |

Open Groups will be facilitated by Akash with the support of the Akhaldans Team, and others who wish to teach, or share their work. (Please let me know if you wish to teach some movements, or offer any other process.)

The groups will include…

* **All the** **Movements from the 39/46 series**
* **Inner exercises** for the transformation of energies
* **Conversations** to share the results of our practice in an atmosphere of awareness and love
* **Silence** to deepen and assimilate our practice
* **Sufi Meditations & Zikr** for awareness, receptivity, healing, and opening to the unseen
* **Sharing of the key ideas of the Fourth Way** to create the contextual framework

**You can sign up for any or all groups.**

**Costs…**

Group with Avrom, Deborah, & Melanie … INR 30.000/-

Open Groups …INR 15,000/- per group.

Accommodation & Meals are not included.  
You will need to make your own arrangements for accommodation & meals.  
A basic list of places to stay is given below.  
January is high season in Goa, so the earlier you decide, the better!!

Shown below are several (approximate) currency conversions as of June 1st, 2016

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| **Currency** | **Buys ~ INR** | **30.000 INR = ~** | **15.000 INR = ~** |  |
| 1 Euro = | ~ 75 INR | 400 Euro | 200 Euro |  |
| 1 Dollar = | ~ 67 INR | 450 Dollars | 225 Dollars |  |
| 1 Pound = | ~ 97 INR | 310 Pounds | 155 Pounds |  |

Accommodation…There is a pleasant little group of family run guest houses in the tangle of lanes , just back from the beach , that are clean, comfortable & affordable.

Here are some contacts for low budget places closest to the venue, which are popular with participants. All have their own shacks on the beach, open for all meals.

Carol Lawn Guest House

Contact Stella  
Phone +919922352215, +919822381005  
[carollawn@yahoo.com](mailto:carollawn@yahoo.com)  
Very basic facilities. Tariff range INR 600 to 1500… $10 to 20 per day.   
Close to both the venues … Food at Oceanic Shack.

Shanu's Holiday Home

Phone  +919823016187  
[www.shanu.in](http://www.shanu.in/)   
Clean, comfortable. Tariff from INR 1500 to 2500… $20 to 30 per day   
Short walk to both the venues, along the beach. Great food at Pete’s Shack

Sea Pearl Guest house

Phone +91 9987003455, +91 9370123455  
[www.seapearl.in](http://www.seapearl.in/)  
Clean, comfortable. Tariff from INR 1500 to 2500… $20 to 30 per day   
Short walk to both the venues, along the beach. Great food at Pete’s Shack

D'mello's Guest House

Phone +91 (0) 832 2489650  
[www.dmellos.com](http://www.dmellos.com/)  
Nice place. Wide range of rooms with tariff from INR 1500 to 4000…$ 20 to 60 per day  
**This is the venue for the group from 10th to 29th Jan.** It is a short walk along the beach to the second venue. Good food at D’mello’s Shack

Dona Florina Beach Resort

[www.donaflorina.co.in](http://www.donaflorina.co.in)   
Adjoining D’mello’s. Good place. Tariff INR 1500 to 2500 per day. Good food at D’mello,s Shack

Casa Baptista Guest House.

[www.casabaptistaguesthouse.com](http://www.casabaptistaguesthouse.com)   
Opposite D’mello’s… Along with similar facilities to all the others, it boasts of WIFI!   
Food at Petes Shack & D’mello’s Shack.